

Town of Ridgefield
Office of the Purchasing Manager

Addendum Number 1

Bid Number 25-05

Request for Quotes

Ridgefield Parks and Recreation Seasonal Brochure Printing

To All Bidders:

The attached is the Fall 2024 P&R Seasonal Brochure for information purposes. Future brochures will be similar in size and nature.



PRSRT STD
U.S. POSTAGE PAID
DANBURY, CT 06810
PERMIT NO. 2147

Residential Customer
Ridgefield, CT 06877



PHOTO CONTEST!

Enter to Win a **FREE** One Year All-Inclusive Family Membership Plus **YOGA/CYCLE/TRX/ROW** (over \$1,360 value) (see page 1 for details)

DANCE CLASSES

Ages 3-Adults
See pages 36-39



TENNIS

Adult & Youth (ages 3-12)



See pages
8 & 25

SKATE PARK



DROP-INS,
MEMBERSHIPS &
LESSONS
See pages 40-41

195 Danbury Road, Ridgefield, CT | ridgefieldparksandrec.org | 203.431.2755

FALL | WINTER 2024/2025

RIDGEFIELD PARKS & RECREATION PROGRAM GUIDE



NEW! PRENATAL YOGA

See page 6



FREE ONE WEEK FITNESS TRIAL
See inside Front Cover for details.

195 Danbury Road, Ridgefield, CT | ridgefieldparksandrec.org | 203.431.2755

RIDGEFIELD RECREATION CENTER

195 Danbury Road | Ridgefield, CT 06877 | 203.431.2755

ADMINISTRATIVE OFFICE: Monday - Friday 8:30 am - 4:30 pm

RECREATION CENTER HOURS OF OPERATION:

Monday - Friday 6:00 am - 10:00 pm

Saturday 6:00 am - 6:00 pm

Sunday 7:00 am - 6:00 pm

Sundays: recreation swim opens at 9:00 am

Note: The pool, whirlpool, Wellness Center, and gymnasium close 15 minutes before the building closes.

IMPORTANT PHONE NUMBERS:

Recreation Center/Administrative | 203.431.2755

Yaniv Gymnasium/ Skate Park | 203.431.2739

Cancellations Hotline | 203.431.2760

Children under 12 years of age must be accompanied in the Recreation Center building including the pool area by an adult (16 years or older).

REGISTRATION PROCESS

ONLINE:

Visit ridgefieldparksandrec.org and click on the Register Online button. If you are a member, you will need your login and password. If you don't have this information, please email recfacilities@ridgefieldct.gov and we will email it to you.

IN PERSON:

Fill out the registration form which is available online or at the front desk. Bring the form and payment to the front desk to complete registration.

ALL REGISTRATIONS MUST BE PROCESSED UP TO 30 MINUTES BEFORE CLOSING.

Ridgefield Parks & Recreation accepts cash, checks, and all major credit cards. Gift cards are available in any denomination for programs and memberships. Send an email to prmarketing@ridgefieldct.gov to be added to our email list for up-to-date information. You can also find us on Facebook and Instagram.

Ridgefield Parks & Recreation has made every effort to ensure this brochure contains accurate information at the time of publication. However, all information is subject to change.

We apologize in advance should you find an error or for any inconvenience such changes may cause.

BECOME AN ALL-INCLUSIVE MEMBER and get **FREE** YOGA/CYCLE/TRX/ROW

This is not a limited time offer, but is only available to new and renewing **All-Inclusive members who pay the year in full**. Sign up for an All-Inclusive Family membership or Individual membership and get 12 months of free YOGA/CYCLE/TRX/ROW (\$300 value). People who already purchased a membership may upgrade and enjoy this deal.

OR UNLIMITED YOGA/CYCLE/TRX/ROW FOR JUST **\$25 A MONTH.**

This offer is available exclusively to All-Inclusive, Wellness, and Lap Swim members (excludes Recreation and Pickleball members). All-Inclusive Family Membership: \$25 a month includes all family members in the same household, members (ages 14+): YOGA/CYCLE/TRX/ROW.

MEMBERSHIP CARD MUST BE PRESENTED AT CHECK-IN

Effective on October 1, the fee for a replacement card is \$5.00.



FREE ONE WEEK FITNESS TRIAL

Come to the Recreation Center for a free one week trial of our All-Inclusive Individual or Family Membership plus YOGA/CYCLE/TRX/ROW. This offer is only available to new members and includes: all fitness classes, the Wellness Center, the Spray Bay, recreation swim, lap swim, and indoor pickleball (excludes child sitting). You may sign up if you are already a member, but would like to try a free week of YOGA/CYCLE/TRX/ROW. Members with a YOGA/CYCLE/TRX/ROW add-on are ineligible. There is a limit of one trial per person/family (per lifetime) and you are ineligible for program discounts.

The free trial is not available Nov. 27 - Dec. 1 and Dec. 14 - Jan. 1.





MISSION STATEMENT

The mission of Ridgefield Parks & Recreation is to provide a wide range of high quality wellness and recreation programs, community service and park facilities for the benefit and enjoyment of all.

TABLE OF CONTENTS

MEMBERSHIPS	2
WELLNESS/GROUP FITNESS	4
Personal Training	5
Child Sitting	6
ADULT PROGRAMS	7
Pickleball	9
POOL	12
Swim Lessons	12
Pool Courses	14
Certification Courses	16
YOUTH AND TEEN PROGRAMS	17
Recreation Station and Stop & Go Bus Service	19
After School Classes	20
DANCE/ ADULT & YOUTH	36
SKATE PARK	40
FACILITY INFORMATION AND SPECIAL EVENTS	42
Birthday Parties	42
Special Events	44
Community Programs	46
Parks and Trails	47
Policies and Procedures	48



PHOTO CONTEST

Enter to Win a Free One Year All-Inclusive Family Membership Plus YOGA/CYCLE/TRX/ROW.

Send us a picture of you or your family enjoying Ridgefield Parks & Recreation.

Photos may include: the Recreation Center, the Spray Bay, playgrounds, parks, trails, fields, Martin Park Beach, the Skate Park, programs, camps, birthday parties, the Wellness Center, fitness classes, etc.

The winner will receive a one year All-Inclusive Family Membership plus YOGA, CYCLE, TRX and ROW (over \$1,360 value) and the winning photo will be featured on the cover of a brochure. **Employees are ineligible to win.** Enter today at ridgefieldparksandrec.org. Good luck! This contest ends on Nov. 1, 2024.

PLEASE NOTE:

**All submitted entries may be used for future marketing materials.
If your photo is used, that does not mean you won. The winner will be notified.**

MEMBERSHIPS

MEMBERSHIP BENEFITS	UNLIMITED recreational swim
	UNLIMITED Spray Bay (seasonal)
	FREE admittance to drop-in basketball
	DISCOUNTS on birthday parties and camps
	DISCOUNTS and PRIORITY REGISTRATION for classes (including swim lessons)
	DISCOUNTS on premium group fitness classes (YOGA/CYCLE /TRX/ROW)
	AFFORDABLE child sitting (Free with an All-Inclusive Family Membership)
	FREE Wellness Education Series
	FREE UNLIMITED indoor pickleball (Membership and registration required)
	FULL ACCESS to lap swim lanes
	EXCLUSIVE ACCESS to personal training
	FREE UNLIMITED group fitness classes
	5 FREE Lap Swim guest passes (exclusive privilege for members' guests only)
	FULL ACCESS to Wellness Center (state-of-the-art exercise facility), whirlpool, sauna, steam rooms, and deluxe locker rooms
	5 FREE Wellness guest passes (\$75 value)
	FREE CHILD SITTING (Family Memberships only)
	FREE UNLIMITED ACCESS to Preschool PLAYroom (\$140 value)
	10 FREE guest passes per family membership (\$150 value) or 5 guest passes per individual membership (\$75 value)

Members ages 14-15 may only take group fitness classes. Due to safety issues, they are only eligible for the Wellness Center if they are part of an All-Inclusive Family plan and sign up for our Youth Training Program. See page 5 for details.

All prices are on a monthly basis with the signing of a one year contract. There is an annual \$3 Special Services fee. There is also an annual \$30 credit card processing fee. This fee is waived if the year is paid in full at the time of enrollment. Family Recreation Membership and All-Inclusive Family Memberships are available to 2 adults and all children ages 22 or under in the same household. Individual members who are ages 14-22 receive a 10% discount with a full-time student ID. Senior citizens (ages 60+) receive a 10% discount on individual rates. Senior citizens receive a 10% discount on family rates if they are the head of the household. Retired and active members of the military receive a 10% discount. Discounts cannot be combined.

FREE FITNESS TRIAL SEE INSIDE BACK COVER FOR DETAILS

	MEMBERSHIP OPTIONS						
	RECREATION		PICKLEBALL	LAP	WELLNESS	ALL-INCLUSIVE	
	●		●	●	●	●	
	●		●	●	●	●	
	●		●	●	●	●	
	●		●	●	●	●	
	●		●	●	●	●	
	●		●	●	●	●	
	●		●	●	●	●	
			●	●	●	●	
				●		●	
				●	●	●	
				●	●	●	
				●		●	
					●	●	
					●	●	
						●	
						●	
	INDIVIDUAL	*FAMILY	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	*FAMILY
RESIDENT	\$13	\$23	\$17.50	\$44	\$44	\$54	\$89
Annual fee	\$159	\$279	\$213	\$531	\$531	\$651	\$1,071
NON-RESIDENT	\$19	\$45	\$21.88	\$50	\$50	\$60	\$111
Annual fee	\$231	\$543	\$265.50	\$603	\$603	\$723	\$1,335

BEST
VALUE

Family Recreation Membership and All-Inclusive Family Memberships are available to 2 adults and dependents ages 22 or under in the same household. **Family is defined as two or more individuals in the same household.*
Pickleball Individual plus 1 (same household): Resident: Additional | \$13.13/month; \$157.50/year
Non-Resident: Additional | \$16.40/month; \$196.88/year

WELLNESS / GROUP FITNESS

WELLNESS CENTER (AGES 16+)

Reach your fitness goals in our Wellness Center featuring state-of-the-art exercise equipment. Members (ages 14-15) may become eligible, see page 5 for details.

WELLNESS CENTER HOURS <i>Members Only (no-drop-ins)</i>	
Monday-Friday	6:00 am - 9:45 pm
Saturday	6:00 am - 5:45 pm
Sunday	7:00 am - 5:45 pm

FREQUENT FITNESS CARDS (AGES 14+)

These cards may be used for all land and pool group exercise classes (with the exception of YOGA/CYCLE/TRX/ROW).

Frequent Fitness Cards are valid for 6 months from the date of purchase. Full class descriptions and schedules can be found on our website or at the front desk.

Senior citizens receive a 10% discount on all fitness cards.

10-class card: \$130 members, \$150 non-members
Free to All-Inclusive, Wellness & Lap Swim Members
Drop-ins: \$18

LAND CLASSES:

Bootcamp • Cardio Blast • Mobility • Pilates Mat & Barre
Sculpt & Core • Sculpt & Sweat • Surge Fit • Tabata Boot Camp
Total Body Conditioning • Zumba

POOL CLASSES:

Aqua Aerobics • AquaRhythms • Arthritis H2O Exercise
Hydro-Fit Max • Hydro-Fit Workout



4 FOR FREE YOGA/CYCLE/TRX/ROW (\$300 VALUE) OR
UNLIMITED YOGA/CYCLE/TRX/ROW FOR JUST \$25 A MONTH
(see inside back cover for details)

YOGA/CYCLE/TRX/ROW CARDS (AGES 14+)

10-class card: \$170 members, \$200 non-members
20-class card: \$300 members, \$360 non-members
drop-in: \$20 members, \$25 non-members

(cards are valid for 6 months from the date of purchase)

PERSONAL TRAINING (AGES 16+)

Certified personal trainers Jeff Hodge, Eddie Klukojc, Boomer Perrault, Emmanuel Lanzo, and Lidia Bury will motivate, educate, and help you to succeed. A complete personalized physical assessment will be performed, allowing you to track all of your achievements. Semiprivate sessions are a great way to have fun and get fit with a friend. To make an appointment, please call 203.431.2755 (press 1).

Available Exclusively to All-Inclusive, Wellness & Lap Swim Members

ONE HOUR PRIVATE		HALF-HOUR PRIVATE		ONE HOUR SEMIPRIVATE	
1 session	\$85	1 session	\$49	1 session (2 people):	\$50 per member
5 sessions	\$395	5 sessions	\$220	5 sessions (2 people)	\$225 per member
10 sessions	\$730	10 sessions	\$400	10 sessions (2 people)	\$425 per member
20 sessions	\$1,400				



Jeff Hodge



Eddie Klukojc



Boomer Perrault



Emmanuel Lanzo



Lidia Bury

Ridgefield Parks & Recreation provides certified and highly qualified Personal Trainers for our members' convenience. No person shall bring their own personal trainer to any Parks and Recreation properties for training purposes, unless the trainer is hired by the Town of Ridgefield to perform such duties.

YOUTH TRAINING PROGRAM (AGES 14-16)

This program is perfect for pre/post conditioning for all athletes. Students will train with a certified personal trainer and once they have successfully completed this program, they qualify as members of the Wellness Center. This program promotes sound principles of flexibility, strength training, aerobic endurance, and muscle conditioning. Emphasis is placed on proper form and technique. Wellness Center etiquette and safety are also covered. To register or if you have any questions, please contact recwellness@ridgefieldct.org or 203.431.2755.

PLEASE NOTE:

- You must have an All-Inclusive Family Membership in order to enroll in this program.
- Students are required to complete 4 one-hour classes.
- The fee is the total cost for the 4 classes.
- All sales are final. There are no refunds.

Private: \$260	Semi-Private (2 people): \$210 per member
----------------	---

All-Inclusive Family Members (ages 14-15) must complete this program in order to use the Wellness Center.



WELLNESS / GROUP FITNESS

FREE WELLNESS EDUCATION SERIES

Wed. Sept. 18 12:00-1:00 pm: Competitive Edge Reiki by Usui Reiki Master Vincent Bellusci

Thu. Sept. 19 7:00-8:00 pm: Competitive Edge Reiki by Usui Reiki Master Vincent Bellusci

Thu. Oct. 10 12:00-1:00 pm: Transform Your Face with Our Facial HIIT Class by Joanne Rafoss

Tue. Oct. 15 9:30-1:00 pm: Bone Density Screening by Dr. Edward Markowitz D.C., C.F.M.P.

Thu. Nov. 14 7:00-8:00 pm: Winning at Weight Loss by Jennifer Giles, MS, RDN, CSSD

Pre-registration is strongly recommended. If you are a member, you may register online. If you are not a member, call 203.431.2755 and press 1.

FREE CHILD SITTING AVAILABLE FOR ALL-INCLUSIVE FAMILY MEMBERS

CHILD SITTING

Little ones play in our large child sitting room under the guidance of our wonderful babysitter while parents exercise, meet, swim or relax.

PLEASE NOTE: *There is a 75 minute time limit (per family/per day). Parents are required to be in the Recreation Center building or on the campus, and are only permitted to drop off their own children. Food and drinks are not allowed. Diapers are not changed by our staff. The schedule is subject to change.*

HOURS: Monday - Friday 8:30-12:30 pm* 2 mo to 8 yrs *Hours subject to change

COST: \$8 per hour/per child • per 75 minute limit (per family/per day) \$4 per sibling (max. \$20/per family)



NEW PRENATAL YOGA

Prepare for labor while bonding with your baby in our Prenatal Yoga class with instructor Ellen Boneheim. Designed for all pregnancy stages, this class strengthens pelvic muscles, eases discomforts like heartburn and fatigue, and includes valuable childbirth education. Practice soothing breathing techniques for a calm and peaceful delivery. Join us to support your well-being and your baby's growth! What to Bring: Just yourself and a smile! We've got the mats, blankets, straps, and blocks covered.

Session I: September 9 - September 30
Session II: October 7 - November 4 (no class 10/14)
Session III: November 18 - December 9
Day/Time: Monday 10:30-11:30 am
Fee: \$75 members, \$95 non-members (4 classes)

PRORATING IS AVAILABLE



DOG OBEDIENCE

We can all use some etiquette tips, even your dog. Our "Good Citizen" classes for puppies and dogs with Sally Bovino will have your four-legged best friend well behaved and ready for the world. Please wear comfortable clothing and rubber soled shoes and bring a 6 foot leash, collar, dog goodies, and a clean-up kit (paper towels and plastic bag). Proof of rabies, bordatella (kennel cough), and parvovirus vaccinations must be brought in on the first day of class (puppies under 6 months old only need a parvovirus vaccination). For more information, please contact Sally at gsdgirl236@yahoo.com or at 203.451.8713.

Session I: September 16 - November 4 (no class 10/14)

Session II: January 6 - March 3 (no class 1/20, 2/17)

Session I Location: Recreation Center's outdoor fields (rain location: indoors)

Session II Location: Inside the Recreation Center

Fee: \$220 members, \$250 non-members (7 classes)

LEVEL	DAY	TIME
Beginners	Monday	9:30-10:30 am
Puppy Kindergarten (dogs under 5 months)	Monday	10:30-11:30 am



MEN'S DROP-IN BASKETBALL (AGES 18+)

If you're missing those days of competitive sports then stop by for a game of pick-up basketball.

Free for members, \$10 residents, \$20 non-residents (non- members)

Location: Yanity Gymnasium

Day/Time: Sunday 7:00-10:00 am, Wednesday 7:30-10:00 pm

Location: Recreation Center Gymnasium

Day/Time: Sunday 7:00-9:00 am



OPEN GYM (BASKETBALL)

Individuals are invited for some friendly competition in our drop-in basketball program at Yanity Gymnasium (60 Prospect Street) and at the Recreation Center. Children under 12 years of age must be accompanied by an adult (ages 16+).

Open Gym is FREE to Ridgefield residents (non-residents must be members). Visit our website to download the required forms in advance. Schedules are available online.

DIG CHESS (AGES 18+)

DIG Chess is now offering adult chess lessons. We will teach different strategies, including opening ideas, middlegame strategies, and endgame tactics. Everyone gets to play with each other during the class as well.

Session I: September 16 - October 28 (no class 10/14)

Session II: November 4 - January 6 (no class 11/11, 11/25, 12/23, 12/30)

Day/Time: Monday 6:15-7:15 pm

Fee: \$135 members, \$145 non-members (6 classes)



ADULT PROGRAMS

BEGINNER INSTRUCTIONAL TENNIS (AGES 18+)

Come and have some fun on the courts. Instructor Jonathan Chase has over 25 years of experience teaching tennis. For more information, please contact Jonathan at jchase894@comcast.net or at 203.241.7500.

Session: September 10 - October 15

Location: Justine Butler Tennis Courts (behind Yanity Gymnasium)

Day/Time: Tuesday 10:00-11:30 am

Fee: \$279 members, \$309 non-members (6 classes)

PLEASE NOTE: All classes are held outdoors. Weather cancellations will be made up on October 22.

DOUBLES INSTRUCTIONAL SCRAMBLE / ALL LEVELS (AGES 18+)

Enjoy the social game of tennis while learning all the skills to play double correctly.

Session: September 9 - October 25 (no class 10/14)

Location: Justine Butler Tennis Courts (behind Yanity Gymnasium)

Day/Time: Monday, Wednesday & Friday 10:00-11:30 am

Fee: \$263 members, \$293 non-members

PLEASE NOTE: All classes are held outdoors. There are no make-up classes.



HORSEBACK RIDING (AGES 18+)

Join the professionals at Stepping Stone Farm for adult beginner riding lessons. Students will learn proper positioning, steering your horse, stopping and going, and basics of horse care.

Sign up through Ridgefield Parks & Recreation and save compared to regular rates. For more information about Stepping Stone Farm (located at 20 Mopus Bridge Road, Ridgefield), please visit steppingstonefarmct.com.

Session I: August 28 - October 9

Day/Time: Wednesday 5:30-6:30 pm

Fee: \$384 members, \$414 non-members (7 classes)

Session II: October 16 - December 4

Day/Time: Wednesday 5:30-6:30 pm

Fee: \$438 members, \$468 non-members (8 classes)

REQUIRED: Helmet (bicycle helmet is acceptable), long pants, and shoes/boots with heels (rain boots, snow boots, hiking shoes, etc.). **PLEASE BE AWARE THAT WEARING SNEAKERS IS DANGEROUS**

PRORATING IS AVAILABLE.



PICKLEBALL

Pickleball combines the elements of tennis, badminton, and ping-pong. It is played on a badminton size court with a hard paddle and plastic ball.



UNLIMITED PICKLEBALL is now included with a Pickleball, Wellness, Lap Swim or All-Inclusive Membership (excludes Recreation level).

PICKLEBALL Schedule (September - December)

This schedule subject to change.
Please visit us online for details.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
RECREATION CENTER						
		7:30-9:30 pm 4 Courts	7:30-9:30 pm 4 Courts		6:30-9:30 pm 4 Courts	6:00-9:00 am 4 Courts
YANITY GYMNASIUM						
	9:00-1:00 pm 4 Courts	9:00-1:00 pm 4 Courts	9:00-1:00 pm 4 Courts	9:00-1:00 pm 4 Courts Novice/ New Players	9:00-1:00 pm 4 Courts Intermediate 3.0+ Players only	

MEMBERSHIPS: Seniors (ages 60+) receive a 10% discount

RESIDENT	Monthly	Yearly
Resident Individual	\$17.50	\$213.00
Resident Individual plus 1 (same household)	Additional	Additional
	\$13.13	\$157.50
NON-RESIDENT	Monthly	Yearly
Non-Resident Individual	\$21.88	\$265.50
Non-Resident Individual plus 1 (same household)	Additional	Additional
	\$16.40	\$196.88



All prices are on a monthly basis with the signing of a one year contract. There is an annual \$3 Special Services fee. There is also an annual \$30 credit card processing fee. This fee is waived if the year is paid in full at the time of enrollment. Retired and active members of the military receive a 10% discount. Discounts cannot be combined.

Drop-ins are available:
\$8 senior resident (age 60+)
\$10 residents • \$20 all non-residents (including seniors)

You are required to bring and scan your membership card at all visits.

ADULT PROGRAMS



SMALL GROUP PICKLEBALL LESSONS& MATCH PLAY (AGES 18+)

Join Pickleball Instructor, Bev Kalil (USPTA certified) in these fun and informative lessons that have a maximum of four students per class. Individualized attention will improve your performance! For more details, please contact Bev at 315.416.8594 or at bevkali47@gmail.com.

NEW

UP THE RIVER, DOWN THE RIVER PICKLEBALL FOR ADVANCED BEGINNER/ INTERMEDIATE PLAYERS

MONDAY is game day! Instructor Bev will pair random partners. If you win, you move up and if you lose, you move down. Join us for some fun play while also benefiting from individualized instruction.

Session I: September 16 - October 7

Session II: October 21 - November 18 (no class 11/11)

Location: Inside Yanity Gymnasium (60 Prospect Street)

Day/Time: Monday 1:15-2:30 pm

Fee: \$143 members, \$153 non-members (4 classes)

NEW

SMALL GROUP ADVANCED BEGINNER PICKLEBALL

These small group, advanced beginner lessons focus on reinforcing foundational skills while introducing more advanced techniques and strategies. Key features will include emphasis on consistent, accurate serves and effective returns, dinking (soft shots to control pace of the game and set up offensive opportunities), and an intro to advanced techniques such as third shot drop (teaching the importance and execution of this crucial shot to transition from defense to offense). Footwork and positioning will also be covered. Game play and situational drills will help you build experience and confidence. Video analysis using playback to analyze and correct technique rounds off this exciting new program that features a combination of instruction and play.

Session I: September 18 - October 9

Session II: October 23 - November 13

Location: Inside Yanity Gymnasium (60 Prospect Street)

Day/Time: Wednesday 1:15-2:15 pm

Fee: \$253 members, \$263 non-members (4 classes)

NEW

SMALL GROUP INTERMEDIATE PICKLEBALL

These small group, intermediate lessons focus on refining skills, enhancing strategic play, and introducing more advanced techniques. Key features will include consistency of serving and dinking, and enhancing control and accuracy to dominate the non-volley zone. Advanced techniques to master include third shot drop, and drive and drop combo to create unpredictability and lobs/overheads to finish the point. There will be pressure drills that stimulate high-pressure situations to improve decision making under stress. Strategic game play and tactical drills for decision making under pressure and game play for building muscle memory will also be covered. Video analysis using playback to analyze and correct technique rounds off this exciting new program that features a combination of instruction and play.

Session I: September 17 - October 8

Session II: October 15 - November 12 (no class 11/5)

Location: Inside Yanity Gymnasium (60 Prospect Street)

Day/Time: Tuesday 1:15-2:15 pm

Fee: \$253 members, \$263 non-members (4 classes)



PICKLEBALL LESSONS & MATCH PLAY (AGES 18+)

We are excited to team up with Pickleball Professional, Ken Henderson to offer lessons and match play. For more details, please contact Ken at 518.779.0427 or at topspinac@aol.com.

BEGINNER LESSONS

This class is perfect for players who are new to the game looking to learn the fundamental shots, rules, and scoring of a doubles game.

ADVANCED BEGINNER/LOW INTERMEDIATE FUN INSTRUCTIONAL MATCH PLAY

This program is for players who already know the rules and scoring of game play. You will learn doubles strategy, proper positioning, and moving in unison with your partner. Dinking will be emphasized and 3rd shot drop lessons are also taught to you in easy, understandable steps.

INTERMEDIATE/LOWER ADVANCED COMPETITIVE INSTRUCTIONAL MATCH PLAY

Advanced strategy, stacking, and moving in unison with your partner will be taught to you. There will also be lessons on dinking, dink disguise lob, and 3rd and 5th shots.

Session I: September 9 - October 7 (rain date 10/21)

Session II: October 28 - December 9 (no class 11/11, 11/25)

Session I Location: Outdoor Courts (behind Yanity Gymnasium)

Session II Location: Inside the Recreation Center's Gymnasium

Fee: \$168 members, \$198 non-members (5 classes)

LEVELS	DAY/TIME
Beginner (Session I only)	Monday 3:00-4:00 pm
Adv. Beginner/Low Int.	Monday 12:00-1:30 pm
Int./Low Advanced	Monday 1:30-3:00 pm

SWIM LESSONS

Ridgefield Parks & Recreation offers American Red Cross swim lesson programs. Everyone can learn to swim in a safe and comfortable environment. Lessons begin by helping students adjust to the water and as ability increases, students will learn essential skills and stroke development.

If your child is new to swim lessons with Ridgefield Parks & Recreation (or if your child hasn't taken a swim lesson with us in over six months), your child is required to have a swim assessment before registering for lessons. Please contact the Aquatics Department at 203.431.2755 x2123 to schedule an assessment.

Parent & Child (PACA) for children ages 6-48 months • Preschool Aquatics for children ages 4-5 Learn to Swim for children ages 6-12 • Adult lessons for everyone ages 13+

GROUP SWIM LESSONS	FALL SESSION I	FALL SESSION II	WINTER SESSION
	Sept. 12 - Oct. 19	Oct. 28 - Dec. 7	TBD
Member Registration:	August 28 at 8:00 am	October 16 at 8:00 am	December 11 at 8:00 am
Open Registration:	September 4 at 8:00 am	October 23 at 8:00 am	December 18 at 8:00 am

Please visit us online for a full schedule with class levels and fees.

PLEASE NOTE: Make-up classes are only allowed if Ridgefield Parks & Recreation cancels a class. There is a minimum of three students per class. A class may be canceled if the minimum is not reached.



ADULT BEGINNER SWIM LESSONS

MONDAYS (AGES 18+)

Session: September 30 - November 25 (no class 10/14, 11/11)
Day/Time: Monday 9:45-10:30 am
Fee: \$157 members, \$234 non-members (7 classes)

TUESDAYS (AGES 13+)

Session I: September 17 - October 15
Session II: October 29 - December 3 (no class 11/5)
Day/Time: Tuesday 6:50-7:35 pm
Fee: \$113 members, \$168 non-members (5 classes)

PARENT OBSERVATION WEEK

During the first week of swim lessons, parents are welcome to stay and observe their child's class. Otherwise, parents are asked to please wait outside the pool area behind the glass in the observation area. You are invited to meet and greet your child's instructor during the first week of class. If you have another child in recreation swim (not in a lesson), we ask that parents stay on the pool deck for children ages 12 and under.



POOL/SPRAY BAY POLICIES:

Three Layers of Protection are required for non-toilet trained children in the pool and the Spray Bay.

1. Disposable Swim Diaper



2. Tight Fitting Swim Diaper Cover



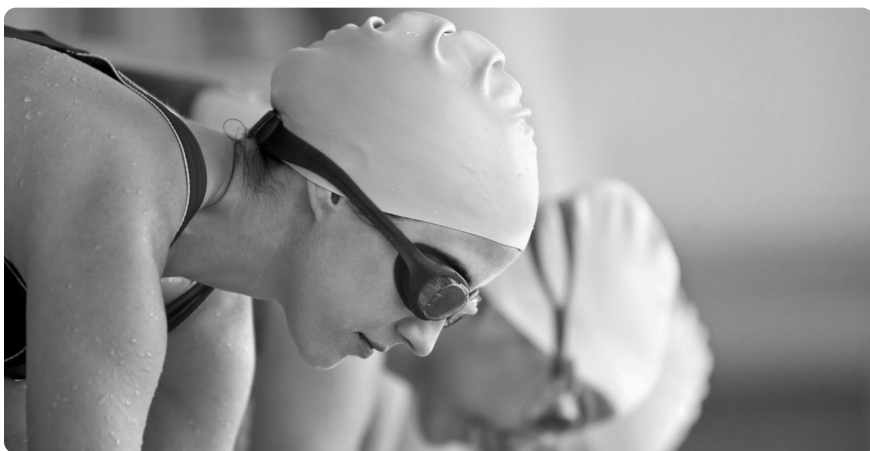
3. Bathing Suit



The three layers are intended to keep all of our members safe and to prevent unplanned pool closures due to sanitation problems.

An adult of at least 16 years of age **MUST** supervise children 12 years and under in the pool area. An adult **MUST** accompany non-swimmers in the water.

The Aquatic Staff reserves the right to enforce any rule necessary to maintain the health and safety of all patrons. Please visit our website or see the pool deck for a full list of rules and safety regulations.



YOUTH ENDURANCE SWIM (AGES 11-18)

This class is for teens looking to increase their strength and endurance. This program is perfect if you are training to become a lifeguard, practicing for a swim team or adding to your fitness routine.

SATURDAYS

Session I: September 14- October 19 (no class 10/12)

Session II: November 2 - December 7 (no class 11/9, 11/30)

Location: Recreation Center Pool

Day/Time: Saturday 11:35-12:20 pm

Fee: \$113 members, \$168 non-members (5 classes)

WEDNESDAYS

Session I: September 18 - October 16

Session II: October 30 - December 4 (no class 11/27)

Location: Recreation Center Pool

Day/Time: Wednesday 5:40-6:25 pm

Fee: \$113 members, \$168 non-members (5 classes)





IN-HOUSE SWIM TEAM (AGES 6-14)

Your child can try competitive swimming for the first time or continue to grow as a competitive swimmer with our coed team. Students practice and refine all four competitive strokes, learn proper starts, turns and dives, improve relay skills, and increase swim endurance. This program culminates in an intra-squad meet. Swimmers should wear competition style suits. Goggles and swim caps are recommended, but are not required.

Participants must swim at American Red Cross Level 5 or higher OR attend a swim assessment. Please call the Aquatic Department at 203.431.2755 x2123 to schedule a swim assessment.

SUNDAYS

Session: September 15 - November 3 (no class 10/13)

Location: Recreation Center Pool

Day/Time: Sunday 1:00-1:45 pm

Fee: \$157 members, \$234 non-members (7 classes)

WEDNESDAYS

Session I: September 18 - October 16

Session II: October 30 - December 4 (no class 11/27)

Location: Recreation Center Pool

Day/Time: Wednesday 4:50-5:35 pm

Fee: \$113 members, \$168 non-members (5 classes)

SPRINGBOARD DIVING (AGES 6-16)

This entry-level diving class is for beginners. Students will learn front approaches, back presses, basic dives, and drills. Divers advance individually as they master each element.

Session I: September 21- October 19

Session II: January 11- February 8

**Location: Barlow Mountain Pool
(115 Barlow Mountain Road)**

Day/Time: Saturday 1:00-2:30 pm

Fee: \$253 members, \$283 non-members (5 classes)



LIFEGUARD BLENDED LEARNING COURSE - POOL & WATERFRONT (AGES 15+)

Learn how to effectively prevent and respond to water emergencies with the American Red Cross lifeguard training. Blending learning style is a combination of both in-person and online learning which accommodates individual learning styles and allows participants to learn at their own pace. Students have access to the online content for the period of certification and may log on as needed to reference content or refresh their knowledge. This type of format allows instructors to focus on skill practice and assessment during all sessions, rather than lecture.

Rates include a \$50 non-refundable deposit in the event that a participant does not pass the pre-course skills test and is ineligible for the training program.

Upon completion, you will be certified in Lifeguarding with Pool and Waterfront Skills, First Aid, and CPR/AED for Professional Rescuers.

REQUIREMENTS: Participants must be 15 years old by the last day of class and pass a pre-course swimming skills test prior to taking the course. To receive certification, students must attend all in-person skills sessions, complete all the online coursework, and pass the written and skills tests.

PRE-COURSE SKILLS TESTS:

Session I: October 3 • Thursday 11:00-1:00 pm at Barlow Mountain Pool

Session II: January 6 • Monday 6:30-8:30 pm at Recreation Center Pool

Session I: October 6 - October 27 (no class 10/13)

Session II: January 12 - January 26

Location: Barlow Mountain Pool (115 Barlow Mountain Road)

Day/Time: Sunday 8:30-5:30 pm

Fee: \$478 members, \$508 non-members

A CPR mask is included with the fee of the course.

SKILLS TESTED:

Visit us at ridgefieldparksandrec.org for a list of test requirements.





AMERICAN RED CROSS BABYSITTING COURSE (AGES 11-15)

Be prepared to become one of the most capable, trusted, and in-demand sitters in your neighborhood. Start your babysitting business on the right foot and learn how to be safe, professional, and reliable. Each student will receive an American Red Cross handbook, emergency reference guide, and CD.

Session: September 29

Day/Time: Sunday 10:00-4:00 pm

Fee: \$98 members, \$118 non-members (1 class)

THE PRESCHOOL PLAYroom

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? No instruction or supervision will be provided and parents/caregivers are required to stay with their child. The Preschool PLAYroom will follow the Ridgefield Public School schedule (ie. holidays, early dismissal, inclement weather, etc.) and may close at 12:00 pm on early dismissal school days. Each day, the Preschool PLAYroom is available in half of the gymnasium.

Session I: September 3 - December 20 • Free for All-Inclusive Members, \$60 for others

Session II: January 2 - June 12 • Free for All-Inclusive Members, \$80 for others

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-3:00 pm	9:00-3:00 pm	9:00-3:00 pm	9:00-12:00 pm	9:00-12:00 pm

MUSIC TOGETHER (AGES 0-4 WITH CAREGIVER)

This is the essential Music Together® class, one that a child can attend from birth through age four through all nine song collections. This basic class follows the recommendations of child development researchers - grouping children of a variety of ages because this fosters natural, family-style learning. Younger children enjoy watching and imitating older ones; older children learn by leading younger ones; and adults are happy because the children in the family can go to class together. Each child participates at his or her own level in singing, moving, chanting, listening, watching or exploring musical instruments. Any caregivers - parents, grandparents, nanny - can bring the children. The whole family is welcome for this important family music experience. The fee includes a set of materials (Family Songbook, CD, and access to download music.). Unlimited make ups for any missed classes can be taken at any other Music Together location throughout the session.

Sign up at any time! There's open enrollment.

WEDNESDAYS

Session: September 4 - November 20

Day/Time: Wednesday 9:30-10:15 am or 10:30-11:15 am

Fee: \$410 members & non-members (12 classes)

Fee for the Second Child: \$228, Additional Sibling: \$144

Siblings under 8 months old may participate at no charge.



THURSDAYS

Session: September 5 - November 21

Day/Time: Thursday 9:30-10:15 am

Fee: \$410 members & non-members (12 classes)

Fee for the Second Child: \$228, Additional Sibling: \$144

Siblings under 8 months old may participate at no charge.





RECREATION STATION (GRADES K-5)

This is an afternoon program that offers your child structured play after school. Activities may include outdoor play, sports, art time or homework help. It's a place for kids in grades K-5 to come spend time with friends while they toss, tumble, race, and play the afternoon away. This supervised program is perfect for keeping your child healthy and active.

Session I: September 3 - December 6

Session II: December 9 - March 14

Session III: March 17 - June 12*

Day/Time: Monday - Friday 3:45-6:00 pm

Fee per session: \$293 members, \$343 non-members

RATES include: Bus Service from all Ridgefield public elementary schools

Your child can come 1-5 days a week for the same low price. Please send an email to stopandgo@ridgefieldct.gov to let our team know which day(s) your child will be attending.

This service is for all Ridgefield Elementary Schools and we follow the Ridgefield Public School calendar. Therefore, our programs are not available on school holidays/closures and early dismissal days.

****This service will end on the day before the last day of school.***

STOP & GO BUS SERVICE (GRADES K-5)

Our Stop & Go Bus Service will get your child directly from school to the Recreation Center and safely to their program. To register for this service, your child **MUST** also be registered for one of our after-school programs. **Find details on our website.**

Look for this icon for eligible programs:





The Giggle Pig teaches kindness and compassion through art. Creativity is magical! Never underestimate the power it has. It brings smiles to faces, helps us to process our feelings - good and bad, and lets us express ourselves without the use of words.

GIGGLES ON THE GO ART ENRICHMENT (GRADES K-5)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

The goal of Giggles on the Go is to bring happiness to each student by showing them that they are capable of more than they believe. Each week, a Giggle Pig instructor will lead students through a step-by-step class, working with acrylic paint on a stretched canvas (8x10 or 11x14). With kindness and compassion, students will connect with art and develop skills including observation, motor skills, problem solving, and confidence. All supplies are included. Please pack an art shirt/smock each week.

Session I: September 20 - November 1 (no class 10/11)
Session II: November 8 - January 3 (no class 11/22, 11/29, 12/27)
Day/Time: Friday 4:45-5:45 pm
Fee: \$153 members, \$183 non-members (6 classes)

GIGGLING PIG AFTERNOON ART CAMPS (GRADES K-5)

Come and enjoy an early dismissal day at the Recreation Center, creating art with our friends from the Giggle Pig! They work hard to make sure students are learning, exploring art, and enjoying themselves. During each session, students will explore an array of different mediums and every project has variations available to suit all ages.

SESSION DATES	DAYS/TIMES
September 19	Thursday 12:00-5:00 pm
October 11	Friday 12:00-5:00 pm
November 22	Friday 12:00-5:00 pm
November 25	Monday 12:00-5:00 pm
November 26	Tuesday 12:00-5:00 pm
December 12	Thursday 12:00-5:00 pm
Fee: \$68 members; \$73 non-members (per day)	

PLEASE NOTE: The fee includes bus transportation from Ridgefield public elementary schools.



GIGGLING PIG WINTER BREAK ART CAMPS (GRADES K-5)

Nurture your child’s creative side with these fun art classes.

SESSION DATES	DAYS/TIMES
December 23	Monday 9:00-12:00 pm
December 27	Friday 9:00-12:00 pm
December 30	Monday 9:00-12:00 pm
Fee: \$48 members; \$53 non-members (per day)	



CAREGIVER & ME PIGLETS PLAYGROUP (AGES 2-4 WITH CAREGIVER)

Through meaningful, sensory rich experiences including dry and messy sensory play, playdough provocations, collage tables and paint exploration stations, we will play and learn together, picking up powerful skills like problem solving and making friends. There is so much power and joy that follows when you provide your child with the space and tools to discover themselves through sensory rich, meaningful exploration. We hope you'll join us and share moments of joy and magic together!

Session I: October 7 - October 28 (no class 10/14)

Session II: November 4 - November 25 (no class 11/11)

Session III: December 2 - December 16

Day/Time: Monday 9:30-10:30 am

Fee: \$75 members, \$85 non-members (3 classes)



MUSE SQUAD CREATIVE WRITING PROGRAMS (AGES 8-18)

Muse Squad promotes a gathering place where young writers, regardless of previous experience, can delve into their craft. Students will learn literary devices, acquire skills on how to flesh out a story, become competent at character development, master dialogue, and support and inspire each other. By the end of the program, students will have the start of a novel, a short story or several stand-alone pieces to put in their writing portfolio. Both classes conclude with a Final Reading and reception. Students must bring a notebook and pen (laptops are optional), and a drink and snack if desired. For more information on the class and the instructor Brittney Richardson, visit musesquad.org.

Session: October 2 - December 11 (no class 11/27)

Fee: \$353 members, \$383 non-members (10 classes)

AGES	DAY/TIMES
Ages 8-12	Wed. 4:45-6:15 pm
Ages 13-18	Wed. 6:30-8:00 pm



"MELTING STARS" (AGES 8-12)

This fall, students will adventure with Princess Irene, a brave little girl with melted stars in her eyes, her nursemaid Lootie, and a 12-year-old coal-miner Curdie as their lonely lives are disrupted, working with lessons from the text of *The Princess and the Goblin* by George MacDonald.

"WONDERLAND" (AGES 13-18)

This fall, teenage students will journey "Down the Rabbit-Hole", through the "Pool of Tears" and seek "Advice from a Caterpillar," working with lessons from the text of *Alice's Adventures in Wonderland* by Lewis Carroll.

NEW

JOIN THE ERAS TOUR (GRADES K-5)

Calling all Swifties! Do you know Taylor Swift’s songs by heart? Join us on The Eras Tour stage and sing all your favorite Taylor Swift songs. Students will perform in a recital at the end of the session. For more information, please contact Linda Feola at lindaf1226@aol.com.

Session: September 26 - December 5
(no class 10/3, 10/31, 11/28)
Day/Time: Thursday 4:45-5:45
Fee: \$163 members, \$193 non-members (8 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center



GLEE CLUB (GRADES K-5)

Get ready to sing! This exciting, program will have your child improving their singing skills, learning how to harmonize, and encouraging their creativity and expression through music. They will be singing a diverse repertoire, ranging from classics to kid-friendly pop. Instructor Linda Feola has over 35 years of experience as a professional vocalist and has run Glee Clubs in area schools. Students will perform in a recital at the end of the session. For more information, please contact Linda Feola at lindaf1226@aol.com.

Session: September 23 - December 2 (no class 10/14, 11/11, 11/25)
Day/Time: Monday 4:45-5:45 pm
Fee: \$163 members, \$193 non-members (8 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center



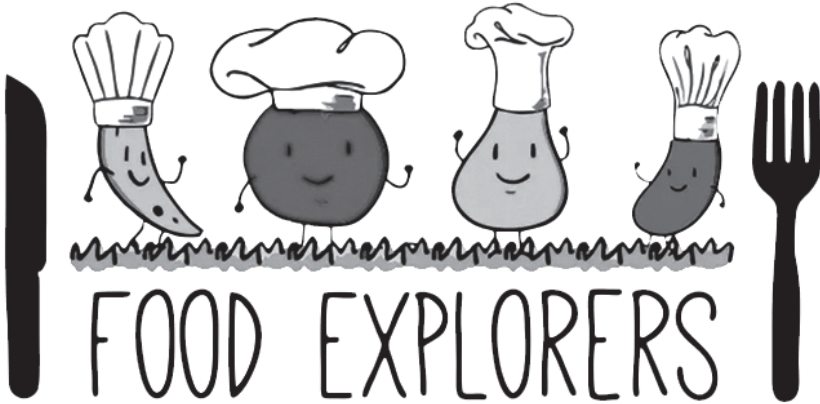
SOLOS WITH MRS. FEOLA (GRADES K-5)

The spotlight will shine on each student as they prepare for their solo debut! Children will select and rehearse a song to perform for family and friends at the end of the session. Instructor Linda Feola will work with each student, drawing on her over 35 years as a professional vocalist. For more information, please contact Linda Feola at lindaf1226@aol.com.

Session: September 25 - November 13
Day/Time: Wednesday 4:45-5:45 pm
Fee: \$163 members, \$193 non-members (8 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

EMPOWERING CHILDREN TO LEARN ABOUT FOOD AND NUTRITION



FOOD EXPLORERS (GRADES 2-5)

Exploring food encourages children to learn through sensory experiences, hands-on activities, and working together to create delicious results. Food Explorers provides children with the knowledge to make healthy choices for themselves. By combining nutrition education with cooking and hands-on food exploration, you'll have a Food Explorer in no time!

Session I: September 17 - October 15

Session II: October 29 - December 10 (no class 11/5, 11/26)

Session III: January 14 - February 11

Day/Time: Tuesday 4:45-5:45 pm

Fee: \$103 members, \$133 non-members (5 classes)



SESSION I	SESSION II	SESSION III
apple cider donut holes, caramel apple dip, cranberry cobbler, sweet potato donuts with marshmallow buttercream frosting, pumpkin cheesecake cups	fall fruit salsa, pumpkin donuts, maple butter blondie bites, sweet potato pies with marshmallow whipped cream, apple cider donut holes	chocolate pancake tacos, chocolate mini donuts with chocolate glaze, chocolate/ strawberry cheesecake cups, chocolate/orange pies, cookie and cream pies

PLEASE NOTE: Each child will make their own portion and all recipes are nut-free, but may contain dairy, eggs, and gluten.





SUPER SOCCER STARS PARENT & ME SOCCER
(AGES 12-24 MONTHS WITH CAREGIVER)

Our experienced instructors, along with our puppet friends Mimi & Pepe, will take you and your little one through a world of exciting physical activity. Low child to coach ratios, individual attention, positive reinforcement, and engaging original music help to develop pre-soccer skills that will have your toddler learning to balance, run, kick, and play – all while having a blast!

Session: September 17 - November 12 (no class 11/5)
Location: Inside Recreation Center Gymnasium
Day/Time: Tuesday 10:00-10:40 am
Fee: \$243 members, \$253 non-members (8 classes)

SUPER SOCCER STARS (AGES 2-5)

Every class includes an introduction to physical activities, rich language exposure, and movements such as running, hopping, jumping, and changing directions. The focal point at this age group is to improve your child’s natural development through our fun, physical learning experience allowing your child to improve their natural ability. Our trained coaches and low child to coach ratio ensure that each child improves at their own pace.

Session: September 17 - November 12 (no class 11/5)
Location: Inside Recreation Center Gymnasium
Fee: \$243 members, \$253 non-members (8 classes)

AGES	DAYS/TIMES
Ages 2 - 3	Tuesday 10:45-11:25 am
Ages 3.5 - 5	Tuesday 11:30-12:10 pm



SUPER SOCCER STARS (GRADES K-2)

The focal point at this class is for your child to be comfortable with the ball by developing soccer skills such as dribbling, shooting, passing, and the introduction of teamwork and small sided games. Every Super Soccer Stars class includes partner activities to promote sharing, listening, respect, and cooperating. Give your child a chance to have a blast, learn new skills, and make friends.

Session: September 18 - November 6
Location: Inside Recreation Center Gymnasium
Day/Time: Wednesday 4:45-5:45 pm
Fee: \$243 members, \$253 non-members (8 classes)





SKI/SNOWBOARD CLASSES START IN JANUARY 2025

Our website will be updated once information is received from Thunder Ridge at the end of October. Registration is expected to open on or around NOVEMBER 1.

NYC STREET ART CLASS (GRADES 4-6)

This 6-week course, designed and led by Ridgefield public school teacher Thomas DiMarzo, will immerse students into the history and culture of New York City street art by studying the legendary artists that turned this art form into a global phenomenon. Each class includes a brief history lesson on an artist, their art medium, and their unique techniques. Then students will create an art piece inspired by the style/technique of the street artist studied that day. Students should bring their creativity and curiosity for art; a sketchbook and all other materials are provided.

Session: November 12 - January 7 (no class 11/26, 12/24, 12/31)

Day/Time: Tuesday 5:00-6:15 pm

Fee: \$135 members, \$145 non-members (6 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center



TENNIS (AGES 3-12)

Jonathan Chase returns with his popular tennis program for children of all ages. Participants must bring a tennis racquet and water bottle and wear sneakers. For more information please contact Jonathan Chase at jchase894@comcast.net or at 203.241.7500.

Session: September 10 - October 24

AGES	DAYS/TIMES
Ages 3-7	Tues or Thurs 4:30-5:30 pm
Ages 7-12	Tues or Thurs 5:30-6:30 pm

Location: East Ridge Middle School outdoor courts

Rain location: Inside East Ridge Middle School's gym

Fee: \$283 members, \$313 non-members (7 classes)



NATURE SUPERHEROES & UNDERDOGS (GRADES K-5)

Did you know that the fastest animal in the world lives in our area? Or that some of the animals that people like the least are the most important? Learn about the "super" plants and animals that live on earth! Explore the lives of snakes, spiders, insects, and other creatures that often don't get respect! This program features live animals, artifacts, plants, and arts and crafts.

Session: September 16 - November 18 (no class 10/14, 11/11)

Day/Time: Monday 4:45-5:45 pm

Fee: \$154 members, \$184 non-members (8 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

SLIMY, SCALY, OOEY, GOOEY SCIENCE (GRADES K-5)

We'll explore herpetology, the science of reptiles and amphibians, learn about polymers by making our own slime, and more! Kids may discover nature's recyclers, make recycled paper, explore the fungus among us, and more.

Session: January 13 - March 17 (no class 1/20, 2/17)

Day/Time: Monday 4:45-5:45 pm

Fee: \$154 members, \$184 non-members (8 classes)



DIG CHESS (GRADES K-5)

Embark on an exciting journey into the world of chess! Learn the fundamentals, from piece movements to basic strategies, in a supportive and interactive environment designed to foster your child's passion for the game. Chess assists kids with patience, strategic thinking, and socializing. The DIG Chess Team has helped thousands of kids become stronger chess players while increasing their confidence overall. The focus of DIG's programs is to make chess fun, inspiring the kids to want to come back.

Session: September 16 - October 28 (no class 10/14)

Session II: November 4 - January 6 (no class 11/11, 11/25, 12/23, 12/30)

Day/Time: Monday 5:00-6:00 pm

Fee: \$135 members, \$145 non-members (6 classes)



DIG CHESS CAMPS (GRADES K-5)

Early dismissal from school means more time for chess! Join the DIG Chess Team and learn the fundamental moves of chess pieces, as well as strategies and tactics in game play, in a supportive and interactive environment designed to foster your child's passion for the game. Additional sports and games will be introduced throughout the afternoon to keep campers engaged and having fun. Students should bring a nut free lunch and drink.

SESSION DATES	DAYS/TIMES
September 19	Thursday 12:00-5:00 pm
October 11	Friday 12:00-5:00 pm
December 12	Thursday 12:00-5:00 pm
Fee: \$92 members & non-members (per day)	

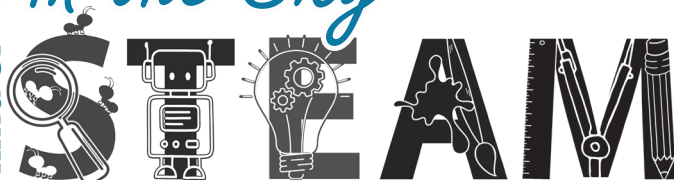
PLEASE NOTE: The fee includes bus transportation from Ridgfield public elementary schools.



Pie in the Sky

YOUTH & TEEN

PICKING UP



NO REPEAT
ART PROJECTS

Science • Technology • Engineering • Arts • Mathematics

Join us in our innovative STEAM classes that explore science, technology, engineering, art, and math. Instructor Beth Cherico earned a BFA degree from The School of Visual Arts and has been sharing her passion for creativity with children for over 20 years.

MAKERSPACE CHALLENGE (GRADES K-5)

Art and science is the perfect combination that gives children the opportunity to play, create, and collaborate in non-traditional ways. See your child's eyes light up when they describe their chore chopper, dream home, and fantasy vehicle prototypes. They'll improve their fine motor skills when they assemble projects with rubber bands, glue guns, and of course, lots of duct tape.

Session: September 17 - October 22

Day/Time: Tuesday 5:00-6:00 pm

Fee: \$113 members, \$143 non-members (6 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

TOYMAKING (GRADES K-5)

Get creative while exercising art, math, and writing skills to develop your own toys and games. Projects will include slime, board games, trading cards, mazes, and more.

Session: November 12 - January 7 (no class 11/26, 12/24, 12/31)

Day/Time: Tuesday 5:00-6:00 pm

Fee: \$113 members, \$143 non-members (6 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

COLORFUL CREATIONS (GRADES K-5)

Come join the art party! This is for the young artist who can't get enough art at school. Students will get their hands messy while using art mediums and materials to draw, paint, print, and sculpt. They will expand their skills, create beautiful finished projects, and have a great time doing it.

Session: January 14 - February 25 (no class 2/18)

Day/Time: Tuesday 5:00-6:00 pm

Fee: \$113 members, \$143 non-members (6 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center



PARENT ASSISTED SQUIRTS SOCCER (AGES 2.5 – 3.5)

Discover a unique and dynamic soccer experience designed to celebrate your child's individual journey into the exciting world of soccer. Your child will develop core fundamental soccer skills, such as kicking, dribbling, and shooting. We also place a strong emphasis on fostering essential life skills such as teamwork, patience, and self-confidence. Parents take on a supportive role during the classes, offering guidance and assistance when required to ensure a positive experience. Join us in this journey of exploration and growth, where your child's unique pace is celebrated, and soccer becomes an enriching experience for the whole family. All equipment will be provided.

Session: September 14 - November 2

Location: Recreation Center's outdoor fields

Day/Time: Saturday 8:30-9:15 am

Fee: \$202 members, \$232 non-members (8 classes)

Rain date: November 9

PARENT ASSISTED SQUIRTS MULTI SPORTS (AGES 2.5 – 3.5)

Open the door to the thrilling world of sport with this exciting program, paving the way for your child's exploration and development. Your child will experience a variety of sports, including lacrosse, soccer, t-ball and track & field, all with the support and guidance of a parent. Activities are carefully designed to help your child build a strong base in motor skills, such as running, jumping, and balancing, as well as essential life skills including teamwork, patience, and self-confidence. Parents take on a supportive role, offering guidance and assistance when required to ensure a positive experience. Join us in this journey of exploration and growth, where your child's unique pace is celebrated, and sport becomes an enriching experience for the whole family. All equipment will be provided.

Session I: September 15 - November 3

Location: Recreation Center's outdoor fields

Day/Time: Sunday 8:45-9:30 am or 10:25-11:10 am

Fee: \$202 members, \$232 non-members (8 classes)

Rain date: November 10

Session II: November 17 - December 15

Location: Inside the Recreation Center

Day/Time: Sunday 9:20-10:05 am

Fee: \$137 members, \$152 non-members (5 classes)

Make-up date: December 22



SQUIRTS SOCCER (AGES 3 – 5.5)

Squirts Soccer is the perfect class for introducing a child to soccer. Our professional coaches ensure that children are engaged in fun, inclusive activities in a positive learning environment. Players will learn the fundamental skills of soccer, including dribbling, passing, shooting, and defending. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success. All equipment will be provided.

Session: September 14 - November 2

Location: Recreation Center's outdoor fields

Fee: \$202 members, \$232 non-members (8 classes)

Rain date: November 9

AGES	DAY/TIMES
3 - 4.5	Saturday 9:20-10:05 am
4 - 5.5	Saturday 10:10-10:55 am

SQUIRTS MULTI SPORTS (AGES 3 – 5.5)

Squirts Multi-Sports allows children to experience a variety of sports throughout the program. Our professional coaches ensure that children are engaged in fun, inclusive activities in a positive learning environment. Players will have the opportunity to try lacrosse, soccer, t-ball, & track & field. In addition to emphasizing the fundamentals of each sport, each activity is designed to improve hand-eye coordination, balance, agility, and movement. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success. All equipment will be provided.

Session I: September 15 - November 3

Location: Recreation Center's outdoor fields

Fee: \$202 members, \$232 non-members (8 classes)

Rain date: November 10

AGES	DAY/TIMES
3 - 4.5	Sunday 9:35-10:20 am
4 - 5.5	Sunday 11:15-12:00 pm

Session II: November 17 - December 15

Location: Inside the Recreation Center

Fee: \$137 members, \$152 non-members (5 classes)

Make-up date: December 22

AGES	DAY/TIMES
3 - 5.5	Sunday 10:10-10:55 am

SENIOR SQUIRTS SOCCER (AGES 5.5-7)

Students will learn the fundamental skills of soccer, including dribbling, passing, shooting, and defending. All equipment will be provided.

Session: September 14 - November 2

Location: Recreation Center's outdoor fields

Day/Time: Saturday 11:00-11:45 am

Fee: \$202 members, \$232 non-members (8 classes)

Rain date: November 9

SENIOR SQUIRTS MULTI SPORTS (AGES 5.5-7)

Students will learn the fundamental skills of soccer, lacrosse, T-ball, and track & field. All equipment will be provided.

Session: November 17 - December 15

Location: Inside the Recreation Center

Day/Time: Sunday 11:00-11:45 am

Fee: \$137 members, \$152 non-members (5 classes)

Make-up date: December 22



MVP | SPORTS & FITNESS

Get your kids active with Eddie Klukojc from MVP Sports & Fitness. For more information, please contact Coach Eddie at MVPsportsandfitness@gmail.com.

COME PLAY HALF-DAY CAMPS (GRADES K-5)

This sports camp takes place during school early dismissal days and provides sports and recreational games designed to promote exercise, recreation, competition, and fun - in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites, including flag football, kickball, whiffle ball, mat ball, capture the flag, ultimate frisbee, soccer, tag games, dodgeball, and more!

Thurs. Sept. 19 12:00-5:00 pm	Fri. Oct. 11 12:00-5:00 pm	Fri. Nov. 22 12:00-5:00 pm	Mon. Nov. 25 12:00-5:00 pm	Tues. Nov. 26 12:00-5:00 pm	Thurs. Dec. 12 12:00-5:00 pm
----------------------------------	-------------------------------	-------------------------------	-------------------------------	--------------------------------	---------------------------------

Fee: \$80 members and non-members (per day)
Sibling Discount: \$5

PLEASE NOTE: The fee includes bus transportation from the Ridgefield public elementary schools.

FLAG FOOTBALL (GRADES K-5)

Our flag football program offers a fun and safe way for participants to learn the fundamentals of football. Athletes will develop essential skills such as passing, catching, running routes, and kicking. Through engaging drills, mini-games, and a concluding scrimmage, participants will have plenty of opportunities to practice their newly acquired skills. Flag football is a thrilling variation of the sport that eliminates contact, ensuring a safe and enjoyable experience for all. In addition to skill development, our program places a strong emphasis on fostering a sense of fun, teamwork, and sportsmanship. Join us for an exciting flag football adventure where camaraderie, skill-building, and fair play are at the heart of the game!

Session: September 24 - October 22
Location: Recreation Center’s outdoor fields (rain location indoors)
Fee: \$103 members, \$113 non-members (5 classes)



 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

GRADES	DAY/TIMES
Grades K-2	Tuesday 5:00-6:00 pm
Grades 3-5	Tuesday 6:00-7:00 pm



DODGEBALL (GRADES 2-5)

Students have the opportunity to play dodgeball as well as different variations of the game every week. Dodgeball is a great way for children to stay active, be part of a team, and have fun. Gator Skin Dodgeballs are used in the program because they are kid-friendly and are designed to virtually eliminate the sting associated with getting hit by the ball.

Session I: September 26 - November 7 (no class 10/3, 10/31)

Session II: November 14 - January 2 (no class 11/28, 12/12, 12/26)

Day/Time: Thursday 5:00-6:00 pm

Fee: \$103 members, \$113 non-members (5 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

BASKETBALL (GRADES K-5)

Join the MVP Sports team as we take it to the rim! Through expert coaching and engaging drills, participants will develop essential skills in dribbling, passing, and shooting. Our program emphasizes hands-on practice, allowing athletes to apply what they've learned in scrimmage scenarios, providing valuable game-like situations that enhance their decision-making and teamwork abilities. Join us to improve your basketball skills, gain confidence, and have fun on the court!

Session: November 12 - December 17 (no class 11/26)

Location: Inside the Recreation Center's Gymnasium

Fee: \$103 members, \$113 non-members (5 classes)

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

GRADES	DAY/TIMES
Grades K-2	Tuesday 5:00-6:00 pm
Grades 3-5	Tuesday 6:00-7:00 pm



BEGINNER & INTERMEDIATE MOUNTAIN BIKING (AGES 7-15)

Join certified stuntman, former downhill racer, and certified MTB instructor, Phil Fotopoulos in these exciting classes. Students will improve their skills, learn how to read trails, practice proper pedal techniques (shifting, braking, cornering, climbing, and descending), and increase bike/body separation skills.

Beginners should be comfortable riding and pedaling their bike on flat surfaces. Intermediate riders should be comfortable riding single track. We will learn more advanced skills such as jibbing, jumping, and riding features.

Session I: September 7 - September 28

Session II: October 12 - November 2

Location: Lake Windwing (across the street from Ridgebury Elementary School, South Shore Drive) & Huntington State Park (Redding/Bethel)

Fee: \$319 members \$349 non-members (4 classes)

Weather cancellations will be made up on October 5 and November 9.

LEVELS/AGES	DAY/TIMES
Beginner (Ages 7-11)	Saturday 10:00-12:00 pm
Intermediate (Ages 11-15)	Saturday 12:05-2:05 pm

REQUIRED: a helmet, comfortable riding attire, good shoes (biking or flat soled sneakers), and a mountain bike with off road or hybrid tires and brakes.

RECOMMENDED: eye protection, gloves, shin/knee guards, a snack, and water.



KARATE (AGES 3-9)

Join our fun and educational karate classes presented by Legacy Martial Arts of Ridgefield. In addition to the benefit of physical activity, students will benefit by gaining:

- Respect for self and others (improving self-esteem and listening skills)
- Self-discipline, taking pride in hard work (encouraging academic achievement, completion of chores, accountability)
- Self-control, being mindful of their body and behavior (controlling emotions, improving focus, unplugging from devices)

This program is designed to provide an introduction to karate for beginners, while also allowing more experienced students to continue with their skill progression from session to session.

Sign up at any time! There's open enrollment.

MONDAYS

Session I: September 16 - October 28 (no class 10/14)

Session II: November 4 - January 6 (no class 11/11, 11/25, 12/23, 12/30)

Fee: \$111 members; \$141 non-members (6 classes)

WEDNESDAYS

Session I: September 18 - October 23

Session II: October 30 - December 11 (no class 11/27)

Fee: \$111 members; \$141 non-members (6 classes)

TINY TIGERS (AGES 3-4)

Monday or Wednesday 4:30-5:00 pm

LITTLE DRAGONS (AGES 5-9)

Monday or Wednesday 5:15-6:00 pm

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center



FLIPS TUMBLING (AGES 4-15)

Boys and girls will enjoy this program designed to help refine your tumbling skills for cartwheels, handstands, back handsprings, tucks, and everything in between. It's great for cheerleaders, gymnasts, break dancers, and anyone who has an interest in learning body control while conditioning their muscles. Groups will be divided according to age and skill level. For more information, please contact Coach Phil Fotopoulos at **845.490.9134** or at **fotop808@gmail.com**.

PLEASE NOTE: If your child can do a cartwheel, please register for the 6:00-7:00 pm class. Please contact Coach Phil to discuss.

MONDAYS

Session I: September 9 - October 21 (no class 10/14)

Fee: \$213 members, \$228 non-members (6 classes)

Session II: October 28 - January 13 (no class 11/11, 11/25, 12/23, 12/30)

Fee: \$283 members, \$313 non-members (8 classes)

Session III: January 27 - March 10 (no class 2/17)

Fee: \$213 members, \$228 non-members (6 classes)

WEDNESDAYS

Session I: September 11 - October 23 (no class 10/16)

Fee: \$213 members, \$228 non-members (6 classes)

Session II: October 30 - January 15 (no class 11/27, 12/25, 1/1)

Fee: \$283 members, \$313 non-members (8 classes)

Session III: January 29 - March 12 (no class 2/19)

Fee: \$213 members, \$228 non-members (6 classes)

AGES	DAY/TIME
ages 4-8	Mon or Wed 4:45-5:45 pm
ages 8-15	Mon or Wed 6:00-7:00 pm

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

TRY A CLASS FOR \$35 (one-time only)



GIRLS VOLLEYBALL CLINICS (GRADES 5-8)

Get your child playing the exciting sport of volleyball. Participants will work on passing, hitting, setting, serving, blocking, and appropriate footwork. Clinics are led by Ridgefield High School Varsity Coach Lidania Cibere. Groups will be divided according to age and skill level. Students will be playing with soft balls and lowered nets. This is a great way to try the sport! For more information, please contact lcibere@ridgefieldps.net.

Session: September 17 - October 17 (no class 9/19, 10/3)

Location: Recreation Center Outdoor Sand Court

Day/Time: Tuesday and Thursday 4:30-6:00 pm

Fee: \$199 members, \$229 non-members (8 classes)



Weather cancellations will be made up on October 22 and October 24.

Play on the Outdoor Sand Volleyball Court at the Recreation Center

HORSEBACK RIDING (GRADES K-5)

We have partnered up with Stepping Stone Farm. They have indoor/outdoor arenas and have been teaching riding for over 45 years. Sign up through Ridgefield Parks & Recreation and save compared to regular rates. For more information about Stepping Stone Farm (located at 20 Mopus Bridge Road, Ridgefield), please visit steppingstonefarmct.com.

TUESDAYS

Session I: August 27 - October 8

Fee: \$384 members, \$414 non-members (7 classes)

Session II: October 15 - December 3

Fee: \$438 members, \$468 non-members (8 classes)

FRIDAYS

Session I: August 30 - October 11

Fee: \$384 members, \$414 non-members (7 classes)

Session II: October 18 - December 6

Fee: \$438 members, \$468 non-members (8 classes)



LEVELS	DAYS	TIMES
Beginner	Tuesday or Friday	4:30-5:30 pm
Advanced Beginner (must have experience)	Tuesday or Friday	5:30-6:30 pm

REQUIRED:

Students must be ages 5+.

Helmet (bicycle helmet is acceptable), long pants, and shoes/boots with heels (rain boots, snow boots, hiking shoes, etc.). **PLEASE BE AWARE THAT WEARING SNEAKERS IS DANGEROUS.**

PRORATING IS AVAILABLE.

Transportation is not provided.

Mac Donald-Pin Dancers

CARRIE PIN, BFA IN DANCE, DIRECTOR

DANCE CLASSES

This family oriented studio is dedicated to providing all students with strong technique, artistic expression, self-confidence, and a love of dance. For over 50 years, this comprehensive dance program has been providing technical dance training, performance experience, and sheer enjoyment for all students with either pre-professional or recreational aspirations. The studio curriculum encompasses a wide range of core classes including Ballet, Pointe, Tap, Jazz and Lyrical. Our dancers have the opportunity to become accomplished in all areas of dance. For our young students, we offer unique combination classes.

Session I: September 10 - January 17

Session II: January 21 -May 30

The program culminates with a recital in June which is optional. Session II classes are a continuation of Session I and new students are welcome to join by February 7.

PROGRAMS FOR YOUNG DANCERS

Intro to Ballet/Tap: 3-4 year olds • Ballet/Tap: 4-5 year olds

Ballet/Tap: grades K-4 • Lyrical/Jazz: grades 1-3

Perfect for younger children, these classes help your child discover the world of dance through movement, rhythm, spatial awareness, and creativity in an artistic environment. The students will learn basic dance techniques, improve gross motor skills, and develop their inner dancer.

CORE PROGRAMS

Ballet • Pointe • Lyrical • Tap • Jazz • Hip Hop

The Core Programs allow the dancers to develop strong technique, explore their musicality, strengthen their balance, and improve agility and coordination.



Mac Donald-Pin Dancers

ADULT COURSES

BALLET (ADVANCED BEGINNER): We are offering a morning ballet class that will help you tone, strengthen, and sculpt muscles through the timeless beauty of ballet barre exercises and center floor combinations.

TAP (ADVANCED BEGINNER/INTERMEDIATE): Express yourself through the tapping rhythms of your feet. Tap is an energetic fun workout at any age! Improve your musicality, balance, agility, quickness, posture, and coordination while having a great time.

BALLROOM ADULT (LEVEL 2): Are you ready to go to the next level? If you feel confident with the basics and basic partnering skills, sign up for this class and step up your game! No partner is necessary to sign up.

HIP HOP/JAZZ (ALL LEVELS): This is a high energy class that combines both current and traditional Hip Hop/Jazz style steps. The class is structured with warm ups, stretches, isolations, and short combinations that include street dancing moves. Hip Hop is appropriate for all dance and fitness levels. Come join us and bring out your fun side!

POLICIES AND PROCEDURES

DANCEWEAR: Leotard, tights and dance shoes are required for every class and every level. Please visit our website or call Carrie Pin at 203.744.2279 for specific details.

MULTIPLE CLASSES: Students interested in taking multiple classes within the same discipline should check with Carrie Pin for level placement. Please speak to Mrs. Pin about tuition and costume discount programs.

TUITION: Payable on or before the first lesson of each session. There are two sessions per year. Tuition can be prorated for late enrollment (more than 4 lessons into the session or after a student misses four or more consecutive classes due to illness/injury (must be confirmed by physician's note). The first four classes of an injury must be made up in other classes or the next session.

REFUNDS: Programs are only refunded up to 3 weeks PRIOR to the session start date and must receive administrative approval. There are no refunds or credits for missed classes. They can be made up in other scheduled classes with permission from Mrs. Pin.

HOLIDAYS/CANCELLATIONS: The Mac Donald-Pin Dancers follow the Ridgefield Public School calendar for all holidays and cancellations due to inclement weather. We will hold classes on early dismissal days except for those listed on the dance schedule.



Mac Donald-Pin Dancers



SESSION I: SEPTEMBER 10 - JANUARY 17

SESSION II: January 21 -May 30

The program culminates with a recital in June which is optional. Session II classes are a continuation of Session I and new students are welcome to join by February 7.

TUESDAY CLASSES

(Session I start date: 9/10, no class 11/5, 12/17, 12/24, 12/31)

(Session II estimated start date: 1/21)

Classes	Ages/Grades	Times	Members	Non-members
Ballet	Grades 7-9	4:30-5:45 pm	\$288	\$318
Pointe Level 2 & 3	Grades 7-9	5:45-6:30 pm	\$153	\$183
Advanced Lyrical	Grades 7-12	6:30-7:45 pm	\$288	\$318
Advanced Tap	Grades 9-12	7:45-9:00 pm	\$288	\$318

WEDNESDAY CLASSES

(Session I start date: 9/11, no class 11/27, 12/18, 12/25, 1/1)

(Session II estimated start date: 1/22)

Classes	Ages/Grades	Times	Members	Non-members
Adult Ballet (Adv. Beginner)	Adult	10:45-12:00 pm	\$288	\$318
Ballet/Tap/Pointe	Grades 4-6	4:30-6:00 pm	\$293	\$323
Lyrical/Jazz	Grades 4-6	6:00-7:00 pm	\$283	\$313
Adult Tap (Adv. Beginner/Int.)	Adult	7:00-8:15 pm	\$288	\$318



Mac Donald-Pin Dancers

THURSDAY CLASSES

(Session I start date: 9/12, no class 10/3, 10/31, 11/28, 12/19, 12/26)

(Session II estimated start date: 1/23)

Classes	Ages/Grades	Times	Members	Non-members
Ballet/Tap	4-5 year olds	3:45-4:30 pm	\$283	\$313
Ballet/Tap	Grades 1-2	4:30-5:30 pm	\$283	\$313
Tap/Jazz	Grades 7-9	5:30-6:45 pm	\$288	\$318
Hip Hop	Grades 4-6	5:30-6:30 pm	\$283	\$313
Adult Hip Hop/Jazz	All Levels	6:45-7:45 pm	\$283	\$313
Advanced Ballet	Grades 8-12	6:45-8:15 pm	\$293	\$323
Advanced Jazz	Grades 9-12	8:15-9:15 pm	\$283	\$313
Ballroom*	Adult Level 2	7:30-8:30 pm	Singles: \$201 Couples: \$399	Singles: \$231 Couples: \$429

*Ballroom is a 9-week courses: September 12 - December 5

(no class 10/3, 10/24, 10/31, 11/28)

Couples and singles are welcome.

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center

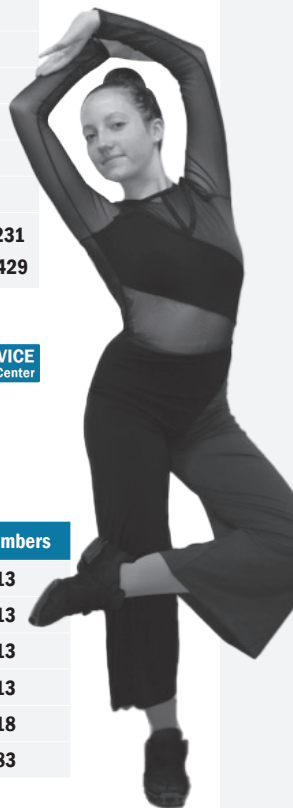
FRIDAY CLASSES

(Session I start date: 9/13, no class 11/29, 12/20, 12/27)

(Session II estimated start date: 1/24)

Classes	Ages/Grades	Times	Members	Non-members
Intro to Ballet/Tap	3-4 year olds	3:45-4:30 pm	\$283	\$313
Ballet/Tap	Grades K-1	4:30-5:15 pm	\$283	\$313
Lyrical/Jazz	Grades 1-3	5:15-6:15 pm	\$283	\$313
Ballet/Tap	Grades 2-4	6:15-7:15 pm	\$283	\$313
Ballet	Grades 6-8	7:15-8:30 pm	\$288	\$318
Pointe	Grades 6-8	8:30-9:15 pm	\$153	\$183

 **ELIGIBLE FOR BUS SERVICE**
from School (K-5) to Recreation Center





GRAHAM DICKINSON
SPIRIT
SKATE PARK

60 PROSPECT STREET (BEHIND YANITY GYM)

**WHATEVER
YOU RIDE...
RIDE IT
WITH US!!**

Skateboard
Scooter
Skates
Longboard
Ripstick
BMX
Mountain Bike

SEASON: MARCH 27 - OCTOBER 27

HOURS OF OPERATION

Weekdays: 3:00 pm – 6:00 pm

Weekends/Holidays: 12:00 pm - 6:00 pm

The Skate Park follows the Ridgefield Public School schedule. It opens at noon on school holidays and closings (weather permitting).

EXTENDED SUMMER HOURS

12:00 pm– 6:00 pm Daily

Starting on the last day of Ridgefield Public Schools

PASSES/DROP-INS

Annual and season passes include unlimited use of the Skate Park during regular hours and a \$15 discount on lessons and camps.

	RESIDENT	NON-RESIDENT
Full Annual Pass: March 27 - October 27	\$205	\$235
Spring Pass: March 25 - June 16 <i>(not available Tues. & Thurs 4:30-6:30 pm)</i>	\$65	\$85
Summer Pass: June 17 - August 26 (extended hrs)	\$95	\$115
Fall Pass: August 27 - October 27 <i>(not available Tues. & Thurs 4:30-6:30 pm starting 9/3)</i>	\$65	\$85
Drop-In rates (12:00 pm opening) cash only	\$10	\$15
Drop-In rates (3:00 pm opening) cash only	\$5	\$10

NOTE: All park users are required to wear full safety gear – helmets (buckled), knee and elbow pads. Wrist guards suggested for inline skaters. ALL PARK USERS MUST FOLLOW RULES REGARDING CONDUCT AND APPROPRIATE USE OF THE PARK.

A well-staffed environment where all ages and abilities ride scooters, skateboards, bikes, and skates – making friends and learning from trained instructors and each other in a SAFE, POSITIVE, FRIENDLY, AND SUPPORTIVE PLACE.



SKATE PARK LESSONS (AGES 4-15)

Friendly skate instructors help skaters learn at their own pace to achieve their personal best in a supportive and encouraging environment. Skaters of all abilities will learn the fundamentals of the sport and navigate the Skate Park’s banks, ramps, rails, and obstacles in a non-competitive setting. Beginners learn simple tricks and intermediate skaters will learn advanced maneuvers.

GROUPS WILL BE DIVIDED ACCORDING TO AGE AND SKILL LEVEL.

Session: September 3 - October 24
(no class 9/17, 9/19, 10/1, 10/3)
Fee: \$213 members, \$228 non-members (6 classes)
Weather cancellations will be made up on October 29 and November 7.

AGES	DAYS/TIMES
Ages 4-8	Tuesday or Thursday 4:30-5:30 pm
Ages 8-15	Tuesday or Thursday 5:30-6:30 pm

PLEASE NOTE: If your child is not a beginner, please register for the 5:30-6:30 pm class. Please contact Coach Phil at 845.490.9134 or at fotop808@gmail.com to discuss.

All skaters are required to wear a helmet, knee pads, and elbow pads.

Member rates apply for people who purchase annual or season passes to the Skate Park.

SKATE PARK PRIVATE RENTALS

PARTIES | GROUP EVENTS | CELEBRATIONS

Rent out our 20,000 sq. ft. Skate Park exclusively for your next party or function! Kids love the excitement and freedom of having the park to themselves for an awesome birthday or other event. Experienced staff and instructors are always available. Skaters, boarders, bikers, and scooter riders don’t need to compete for space with the general public. Even adult groups see an opportunity for team building and fun in a unique and challenging setting. All ages and ability levels are welcome.

Rental includes 2 hrs. exclusive use of the park, 1 monitor, up to 16 participants (including guest of honor, \$3 for each additional guest), plus tables and seating for up to 25 -30 people, and refrigeration for food and drinks if needed.

Fee: \$189 members, \$219 non-members
Contact Brendan at yanitygym@ridgefieldct.gov or 203.431.2739 to schedule (at least two weeks in advance).

SATURDAY:	10:00-12:00 pm
SUNDAY:	10:00-12:00 pm



HOLD YOUR NEXT CELEBRATION AT THE RECREATION CENTER!



We make it easy for the parents and fun for the kids! Take the party out of your home and let the kids have a great time. We have plenty of options to choose from.

For all parties, please call Melissa at reccoar@ridgefieldct.gov or at 203.431.2755 x2140.

SPORTS PARTY

It's game day for your special athlete and their friends! Rent half of the gym to hold your child's sports themed party. We offer basketball, kickball, capture the flag, dodgeball, and more. We set up, clean up, and provide all sports equipment. The party includes (gym rental fee is included):

**Sports Party Guided by a
Member of our Team: 1 hour +
Celebration: 1 hour
(you provide decorations & food)**

Sat. or Sun.	11:00 - 5:00 pm
Member Fee	\$225

*Resident/non-members: add \$25
Non-Resident/non-members: add \$50
These rates are for up to 20 attendees.*

GYM/ROOM/PAVILION PARTY

Fri. (room or pavilion only/no gym)	5:00 pm - 7:00 pm
Sat. & Sun.	10:00 - 5:00 pm

Outdoor Pavilion or Room:	\$75/hour
1/2 Gymnasium:	\$85/hour
Riding Toys:	\$40/party
Tiger Bouncer (ages 4 & under)	\$85 for 45 minutes \$110 for 60 minutes \$160 for 90 minutes
Wacky World (ages 3+) or Obstacle Course (ages 5+)	\$150 for 60 minutes \$220 for 90 minutes

*Resident/non-members: add \$25
Non-Resident/non-members: add \$50
Inflatables available Saturdays and Sundays only*

POOL/SPRAY BAY PARTY

**Pool or Spray Bay: 1 hour +
Party Room or Pavilion: 1 hour
or Combo Party
Bounce House + Gym + Spray Bay or Pool: 3 hours**

POOL WITH WATER SLIDE

- Limit 25 children
- Ages 8+
- Must be at least 42" tall
- Open swim 30 minutes & water slide 30 minutes

SATURDAY	SUNDAY
2:00-3:00 pm	1:00-2:00 pm
3:00-4:00 pm	2:00-3:00 pm
	3:00-4:00 pm

For Safety Reasons: All pool parties begin with a mandatory swim assessment. Children are required to swim the short length of the pool without assistance. If they cannot swim unaided, an adult is required to be in the pool with them at a 1:1 ratio. Street shoes, beverages, and food are not allowed in the pool area (non-glass bottled water is allowed).

SPRAY BAY

- Limit 30 children
- Ages 9 & under
- Summer only (ends Sept. 3)
- Available hourly

SATURDAY & SUNDAY	
10:00-11:00 am	1:00-2:00 pm
11:00-12:00 pm	2:00-3:00 pm
	3:00-4:00 pm

RATES	MEMBERS	NON-MEMBERS	
	Resident & non-resident	Resident	Non-resident
Pool	\$275	\$300	\$325
Spray Bay	\$250	\$275	\$300
Combo Party	\$475	\$500	\$525

*These rates are for 20 attendees (\$5 for each additional guest).
You must pick a pool or Spray Bay party. They cannot be combined.*

PLEASE NOTE: There is an additional fee of \$25 for each 15 minute interval for parties that run past their scheduled time.



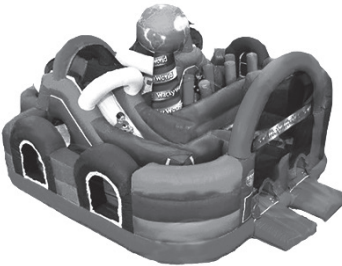
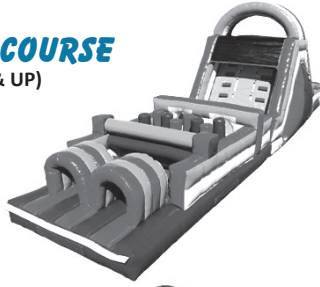
**LET OUR PARTY HOST ASSIST YOU WITH DECORATING,
SERVING FOOD, CLEAN UP, AND MORE!
ADD \$75 (PER PARTY)**



TIGER BOUNCER
(AGES 4 & UNDER)



OBSTACLE COURSE
(AGES 5 & UP)



WACKY WORLD
(AGES 3 & UP)

WATER SLIDE
(42" OR TALLER)



SPARY BAY
(AGES 9 & UNDER)



PLAN YOUR PARTY

Did you know that we rent out our rooms for special events? You can have your anniversary party, bar/bat mitzvah, class reunion, graduation party or bridal/baby shower at the Recreation Center. It'll be a party to remember!

Please call Melissa for rates and availability at 203.431.2755 x2140 or reccoor@ridgefieldct.gov.

SPECIAL EVENTS



FREE HALLOWEEN WINDOW PAINTING

Calling all middle school and high school students! Come and share your artistic talents at our annual event. Sign up as a team or as an individual to paint the storefront windows on Main Street. This event is cosponsored by Ridgefield Parks & Recreation and the Ridgefield Chamber of Commerce. We'll supply the paint (water based tempura) and you supply the creativity. To register, please see the front desk at the Recreation Center.

Saturday, October 12 • 10:00-2:00 pm

Main Street

Rain Date (severe weather): Sunday, October 13 (12:00-4:00 pm)

Registration Deadline: September 30

Come celebrate at the
Recreation Center's

FREE

Tues, November 5
12:00 to 4:00 pm

Family FUN Day

**School is out
for Election Day!**

Please visit ridgefieldparksandrec.org for details.

SPECIAL CYCLE RIDES (AGES 16+)**BOO RIDE****Wednesday, October 30 • 6:00-7:00 pm**

Instructor: Lidia

RSVP by October 29

HALLOWEEN CYCLE**Thursday, October 31 • 9:30-10:30 am**

Instructor: Lindy

RSVP by October 30

BURN THE BIRD CYCLE**Friday, November 29 • 10:30-11:30 am**

Instructor: Alicia

RSVP by November 22



Free for members with a YOGA/CYCLE/TRX/ROW add-on.

\$20 members, \$25 non-members

Space is limited! Registration is required.

Members with a YOGA/CYCLE/TRX/ROW add-on, may register online.

All others must call 203.431.2755 (press 1).

SPECIAL YOGA EVENTS (AGES 16+)**GRATITUDE YOGA****Saturday, November 23 • 9:30-10:30 pm**

Instructor: Jane

WINTER SOLSTICE YOGA**Saturday, December 21 • 10:30-11:30 am**

Instructor: Jane

Free for members with a YOGA/CYCLE/TRX/ROW add-on.

\$20 members, \$25 non-members

Space is limited! Registration is required.

Members with a YOGA/CYCLE/TRX/ROW add-on, may register online.

All others must call 203.431.2755 (press 1).

**FREE GLOW IN THE DARK ZUMBA (AGES 16+)**

Join this fun event to shake off the winter blues.

Thursday, January 16 • 7:00-8:00 pm**Free for all members. Space is limited! Registration is required.**

Members with a Wellness, Lap or All-Inclusive membership, may register online.

All others must call 203.431.2755 (press 1).

SERVICES AND FACILITY INFORMATION

RIDGEFIELD “OUT & ABOUT” CLUB

This unique program provides a variety of fun and exciting activities for adults (ages 18+) with special needs. The club meets twice each month and provides an opportunity to participate in many interesting activities with friends. Fees vary depending on the activity. More information is available through monthly flyers or by calling the Recreation Center at 203.431.2755.

SPECIAL OLYMPICS

Ridgefield Parks & Recreation works with Special Olympics volunteers to encourage athletes to participate in this exceptional program. It will include athletic practice and competitive programs throughout the year. For more information, check out www.soct.org.

NO IDLING

Ridgefield is an Anti-Idling Town. Please remember to turn off your engine when waiting to save fuel, lives, and the environment! Reducing emissions from idling motor vehicle engines is one of the most important air-quality issues today. No idling is the law in Connecticut.



PET POLICY

Dogs and all other animals are prohibited from running loose or roaming free in the Recreation Center and on outdoor trails. All animals must be on a leash or other similar device. Animals may not be left unattended at any time nor are they allowed to be secured to any fixture or amenity, inside or outside. Patrons may not bring their pet to any class except specific animal classes like dog obedience training. Service dogs are allowed in the building with their handlers. During shelter emergencies, animals are allowed in designated areas.



SOCIAL SERVICES INFORMATION

Individuals who need auxiliary aides for effective participation in programs and services of the Town of Ridgefield are invited to make their needs and preferences known to the ADA Compliance Coordinator and Director of Social Services at 203.431.2777. The Special Services Coordinator at the Recreation Center is Megan Roche and if any special accommodations are needed, she can be contacted at 203.431.2755 x2142. Individual needs are evaluated on a case-by-case basis.

TRAILS

The Recreation Center campus is lined with smooth, paved trails. You can walk, run or bike on them. There are three different trails to choose from. There are loops that are .19 miles, .24 miles and 1.17 miles long. Trail maps can be found at the front desk or on our website. Bring a picnic, stop at our “Sky’s the Limit” playground, and take in the surprisingly diverse outdoor environment. You can even pump up your walk with a stop at the Outdoor Fitness Garden.

The trails are regularly maintained by our staff and we work hard to keep them clean and in good condition. In the event of snow or ice coverage, the trails are closed. We ask that everyone respect our beautiful area and only leave footprints on our trails!

Please be aware that dogs must be on a leash at all times.

PARKS

Ridgefield is home to a variety of fun and beautiful parks, from Ballard Park in the heart of downtown to Richardson Park in Ridgebury. Ridgefielders can relax, hike, picnic and play in our scenic outdoor public spaces. There is even a dedicated dog park on Prospect Ridge Road!

Visit one you’ve never been to before or visit them all. Parks amenities and descriptions can be found online.

Martin Park Beach (seasonal)

Ballard Park

SPIRIT Skate Park

**Sky’s the Limit Playground on
the Recreation Center Campus**

Lake Windwing

Aldrich Park

Richardson Park

Sturges Park

SERVICES AND FACILITY INFORMATION

REFUND POLICY

ANNUAL MEMBERSHIPS ARE NOT REFUNDABLE.

Programs are refundable up to 3 weeks prior to the session start date and subject to administrative approval. Medical absences (verified by a physician's note) will be refunded on a prorated basis.

Transfers: may be requested up to 1 week prior to the session start date and subject to administrative approval.

Discounts: Are applied only if qualifying conditions are met at the time of registration. No retroactive discounts will be applied and discounts cannot be combined.

Note: A fee of \$25 will be assessed to all refunds and transfers honored.

***We make every effort to make up classes affected by weather. There are no weather related refunds.**

Special Events or Facility Maintenance may affect facility use or program schedules. We make every effort to provide advance notice at our facilities, on our website and via email.

FACILITY CLOSURES & PROGRAM CANCELATIONS

Every year due to maintenance, the Recreation Center pool closes during the two weeks before Labor Day.

Facilities are closed on the following Legal Holidays:

- New Year's Day (close early on 12/31)
- Easter Sunday
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day (shortened hours the days before and after)
- Christmas Eve and Christmas Day

For your safety, the pool and whirlpool will be closed during thunder and lightning storms. Facilities close due to bad weather only if the First Selectman closes town public buildings.

If Ridgefield Public Schools have a/an:

Delay: All Adult Fitness classes (land and pool) before 8:30 am are canceled.

Early Dismissal: All Adult Fitness classes (land and pool) run as scheduled. Youth programs (including Recreation Station), dance classes, and swim lessons scheduled after the early dismissal time are canceled.

Closure Due to Weather: All Adult Fitness classes (land and pool) before 8:30 am are canceled. Youth programs, dance classes, and swim lessons are canceled.

The above reflects "automatic actions" that we take based on decisions by Ridgefield Public Schools. Additional actions may be needed in response to winter weather events. For timely information, please visit ridgefieldparksandrec.org and look for "Inclement Weather Alerts."